

Jane Ozeki

Shidoi, 6th dan, New York Aikikai

May 17-18, 2008 at Northern Virginia Aikikai

Jane Ozeki was born on mainland China and emigrated to the US when she was 12 years old. She has lived in New York City since then. She began practicing Aikido at the New York Aikikai under Yoshimitsu Yamada in 1971. She became an instructor of the morning class in 1974. In recent years, Jane has conducted weekend seminars at dojos and colleges in many states, and also in France, Brazil, Peru and Venezuela. She is currently a public school teacher in Lower Manhattan.



photo courtesy of University of Iowa Aikikai

Please note:

This seminar will be held at Capital Aikikai, in Silver Spring, MD.

Driving Directions from the Capital Beltway (I-495)

- Get on the Capital Beltway (I-495). Be sure you are heading toward Bethesda and Silver Spring, Md.
- Take the Georgia Ave. (MD 97) South exit (no. 31).
- Coming off the exit ramp, continue on Georgia Ave. through downtown Silver Spring (about 3 miles). Stay in the left lanes. The fifth light after Colesville Rd. will be Sligo Avenue; you will see a sign for MD410 (East-West Hwy. pointing left).
- Turn left onto Sligo Ave. (if you go under a railroad bridge, you've missed the turn).
- Continue on Sligo until the first light -- Fenton Ave.; you will see a Greyhound/Peter Pan bus station on your left, and a 7-Eleven across the street.
- Turn right onto Fenton and continue until it intersects with Philadelphia Ave. on the left and Burlington Ave. on the right.
- Turn right onto Burlington, going uphill, and look for Selim Road on the right (top of the hill; do not cross Georgia Ave.).
- Turn right onto Selim. Capital Aikikai is no. 945, about halfway down the street, on the right (look for the blue door).

Please see the Capital Aikikai web site for alternative parking locations:

www.capitalaikikai.org/location.html

CLASS SCHEDULE:

Saturday May 17, 2008

10:00 a.m. - 10:50 a.m.

11:00 a.m. - 12:00 p.m.

Lunch: 12:00 p.m. - 1:30 p.m.

1:30 p.m. - 3:00 p.m.

Sunday May 18, 2008

10:00 a.m. - 12:00 p.m.

FEES:

Saturday: \$50

(includes lunch)

Sunday: \$20

Registration begins 30 minutes before the first class of each day.

Various hotels and motels are available in Silver Spring and Bethesda, MD, all within a short taxi or bus ride to the seminar. Please see the Capital Aikikai web site for more transportation and lodging information: www.capitalaikikai.org.